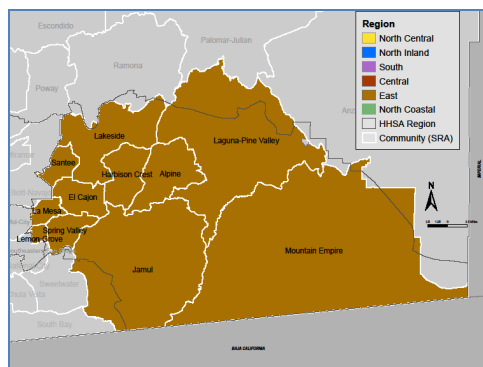


# San Diego County Health Briefs

## East Region



This brief contains 2009 chronic disease health data for the East Region of San Diego County. Data are provided from the Community Health Statistics Unit and the 2009 California Health Interview Survey.



Demographics <sup>1</sup>	East Region (%)	County (%)
Ages 0-14	19.61	19.92
Ages 15-24	14.92	15.67
Ages 25-44	26.52	28.57
Ages 45-64	26.68	24.28
Ages 65+	12.26	11.56
White	63.59	49.78
Black	5.40	5.22
Hispanic	21.77	30.21
Asian/Pacific Islander	4.14	10.65
Other	5.11	4.14
Households with income less than 200% Federal Poverty Level (FPL) <sup>††</sup>	27.20	28.44

Health Outcomes <sup>2</sup>	East Region		County	
	Number	Rate**	Number	Rate**
<b>Coronary Heart Disease</b>				
Death	639	135.7	3,415	107.2
Hospitalization	1,988	422.2	10,129	318.0
Emergency Department Discharge	159	33.8	784	24.6
<b>Stroke</b>				
Death	190	40.3	1080	33.9
Hospitalization	1,289	273.7	6,734	211.4
Emergency Department Discharge	236	50.1	1,306	41.0
<b>Diabetes</b>				
Death	109	23.1	555	17.4
Hospitalization	822	174.6	4,029	126.5
Emergency Department Discharge	709	150.6	4,228	132.7
<b>COPD</b>				
Death	194	41.2	916	28.8
Hospitalization	794	168.6	3,341	104.9
Emergency Department Discharge	1,370	290.9	8,009	251.4
<b>Asthma</b>				
Death	<5	\$	22	0.7
Hospitalization	545	115.7	2,433	76.4
Emergency Department Discharge	1,573	334.0	9,779	307.0
<b>Cancer, All Causes</b>				
Death	829	176.0	4,734	148.6

For more data and statistics, visit [www.SDHealthStatistics.com](http://www.SDHealthStatistics.com)



# San Diego County Health Briefs

## East Region



### Non-Communicable Disease

Access and Utilization <sup>3</sup>	East Region (%)	County (%)
No Usual Source of Care (ages 18-64)	11.9	13.2
Uninsured All or Part of Year (ages 18-64)	20.8	23.2
Prescription Drug Coverage (ages 18-64)	95.6	94.5

Health Behaviors <sup>3</sup>	East Region (%)	County (%)
Current Smoker (ages 18+)	16.5	12.8
Overweight/Obese (ages 18+)	62.5	55.3
Walked for Transport or Fun/Exercise (ages 18+)	76.0	75.7
Ate Fast Food 2 or More Times in Past Week (all ages)	36.7	35.5
Binge Drinking in Past Year (ages 18+)	35.4	34.8
Ever Diagnosed with High Blood Pressure (ages 18+)	25.4	26.3
Ever Diagnosed with Diabetes (ages 18+)	4.5	7.8
Ever Diagnosed with Asthma (all ages)	15.0	12.3

#### Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), 2010.
2. County of San Diego (CoSD), Health & Human Services Agency (HHSA), Public Health Services (PHS), Community Health Statistics, 2011.
3. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2009.

§ Rates and percents not calculated for fewer than 5 events.

\*\* Rates are per 100,000 population.

††: Federal Poverty Level for 2009 (\$10,830 for single person, \$3,740 for each additional person, \$22,050 for four-person-family).

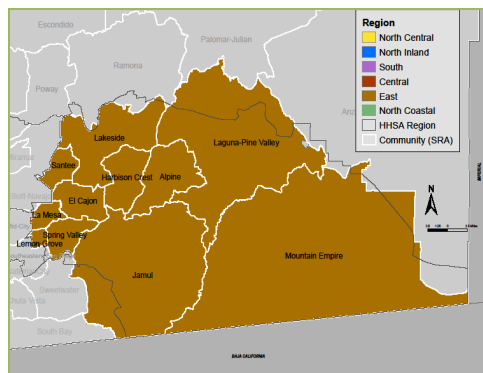


# San Diego County Health Briefs

## East Region



This brief contains 2009 communicable disease health data for the East Region of San Diego County. Data are provided from the Community Health Statistics Unit and the 2009 California Health Interview Survey.



Demographics <sup>1</sup>	East Region (%)	County (%)
Ages 0-14	19.61	19.92
Ages 15-24	14.92	15.67
Ages 25-44	26.52	28.57
Ages 45-64	26.68	24.28
Ages 65+	12.26	11.56
White	63.59	49.78
Black	5.40	5.22
Hispanic	21.77	30.21
Asian/Pacific Islander	4.14	10.65
Other	5.11	4.14
Households with income less than 200% Federal Poverty Level (FPL) <sup>††</sup>	27.20	28.44

Health Outcomes <sup>2</sup>	East Region		County	
	Number	Rate**	Number	Rate**
Tuberculosis	21	4.5	223	7.0
Chronic Hepatitis C, Reported	418	88.8	4,540	142.5
AIDS Incidence	37	7.9	363	11.4
Chlamydia Reported, Underestimate‡	2,144	455.4	14,233	446.8
Gonorrhea Reported, Underestimate‡	182	38.6	1,838	57.7
Primary and Secondary Syphilis Reported	14	3.0	263	8.3

Access and Utilization <sup>3</sup>	East Region (%)	County (%)
No Usual Source of Care (ages 18-64)	11.9	13.2
Uninsured All or Part of Year (ages 18-64)	20.8	23.2
Prescription Drug Coverage (ages 18-64)	95.6	94.5

Health Behaviors <sup>3</sup>	East Region (%)	County (%)
Binge Drinking in Past Year (ages 18+)	35.4	34.8
Tested for STD in Past 12 Months (ages 12-17 who have had sexual intercourse)	*	36.5
4 or More Sexual Partners in Last 12 Months (ages 18-64)	*	3.9
Has had Flu Vaccination in Past 12 Months (ages 18+)	36.4	41.1
Has had Flu Vaccination in Past 12 Months (ages 0-11)	59.5	55.6

For more data and statistics, visit [www.SDHealthStatistics.com](http://www.SDHealthStatistics.com)



# San Diego County Health Briefs

## East Region



### Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), 2010.
  2. County of San Diego (CoSD), Health & Human Services Agency (HHSA), Public Health Services (PHS), Community Health Statistics, 2011.
  3. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2009.
- ‡ Underestimate due to cases with unknown residence. Approximately 30% of chlamydia and gonorrhea cases have missing residence data each year.
- \* Indicates statistically unstable estimate.
- \*\* Rates are per 100,000 population.
- ††: Federal Poverty Level for 2009 (\$10,830 for single person, \$3,740 for each additional person, \$22,050 for four-person-family).

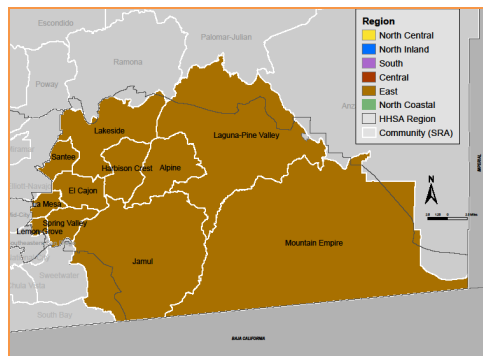


# San Diego County Health Briefs

## East Region



This brief contains 2009 injury data for the East Region of San Diego County. Data are provided from the Community Health Statistics Unit and the 2009 California Health Interview Survey.



Demographics <sup>1</sup>	East Region (%)	County (%)
Ages 0-14	19.61	19.92
Ages 15-24	14.92	15.67
Ages 25-44	26.52	28.57
Ages 45-64	26.68	24.28
Ages 65+	12.26	11.56
White	63.59	49.78
Black	5.40	5.22
Hispanic	21.77	30.21
Asian/Pacific Islander	4.14	10.65
Other	5.11	4.14
Households with income less than 200% Federal Poverty Level (FPL) <sup>††</sup>	27.20	28.44

Health Outcomes <sup>2</sup>	East Region		County	
	Number	Rate**/(%)	Number	Rate**/(%)
<b>Unintentional Injury (All Causes)</b>				
Deaths	179	38.0	949	29.8
Hospitalizations	4,129	876.8	21,149	663.9
Emergency Department Discharges	25,245	5,361.0	149,437	4,691.2
<b>Fall-Related Injury</b>				
Deaths	46	9.8	231	7.3
Hospitalizations	2,017	428.3	10,734	337
Emergency Department Discharges	8,642	1,835.2	52,581	1,650.7
<b>Overdose/ Poisoning</b>				
Deaths	83	17.6	409	12.8
Hospitalizations	486	103.2	2,365	74.2
Emergency Department Discharges	890	189.0	4,677	146.8
<b>Motor Vehicle Injuries</b>				
Deaths due to Motor Vehicle (MV) Injury	45	9.6	242	7.6
Hospitalizations due to MV Injury	503	106.8	2,676	84.0
Emergency Department Discharges due to MV Injury	2,645	561.7	16,010	502.6
Motor Vehicle Crash (MVC) Injuries	2,733	580.4	18,459	579.5
Alcohol-involved MVC Injuries	383	81.3	2,509	78.8
Drinking Drivers Involved in MV Crashes	266	56.5	1,685	52.9
Active Restraint Use, % of Motor Vehicle Occupants (MVO)	1,979	92.0%	10,989	92.7%
Injured <sup>†</sup> , Ages 6+				
Child Restraint Use, % of MVO Injured <sup>†††</sup> , Ages 0-5	27	71.1%	135	67.2%
<b>Pedestrian Injuries</b>				
Deaths due to Motor vehicle crashes (MVC)	9	1.9	59	1.9
Hospitalizations due to MVC	57	12.1	348	10.9

For more data and statistics, visit [www.SDHealthStatistics.com](http://www.SDHealthStatistics.com)



# San Diego County Health Briefs

## East Region



### Injury

Health Outcomes <sup>2</sup>	East Region		County	
	Number	Rate**/(%)	Number	Rate**/(%)
Emergency Department Discharges due to MVC	163	34.6	963	30.2
Injuries due to MVC	134	28.5	1,054	33.1
<b>Assault</b>				
Homicide	11	2.3	90	2.8
Hospitalizations	261	55.4	1,644	51.6
Emergency Department Discharges	1,420	301.6	8,188	257.0
<b>Self-Inflicted Injuries</b>				
Suicide	70	14.9	365	11.5
Hospitalizations	306	65.0	1,590	49.9
Emergency Department Discharges	582	123.6	2,435	76.4
<b>Firearm-Related Injuries</b>				
Deaths	32	6.8	200	6.3
Hospitalizations	27	5.7	186	5.8
Emergency Department Discharges	47	10.0	211	6.6
<b>Access and Utilization<sup>3</sup></b>		East Region (%)	County (%)	
No Usual Source of Care (ages 18-64)		11.9	13.2	
Uninsured All or Part of Year (ages 18-64)		20.8	23.2	
Prescription Drug Coverage (ages 18-64)		95.6	94.5	
<b>Health Behaviors<sup>3</sup></b>		East Region (%)	County (%)	
Binge Drinking in Past Year (ages 18+)		35.4	34.8	
Experienced Physical or Sexual Violence By Intimate Partner in Past Year (ages 18-65)		4.3	2.6	
Ever Experienced Physical or Sexual Violence By an Intimate Partner Since Age 18 (ages 18-65)		19.5	13.7	
Ever Seriously Thought About Committing Suicide (ages 18+)		6.8	8.0	

#### Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), 2010.
2. County of San Diego (CoSD), Health & Human Services Agency (HHSA), Public Health Services (PHS), Community Health Statistics Unit, 2011.
3. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2009.

\*\* Rates are per 100,000 population.

†Active Restraint Use percentage is defined as those ages 6 years and older who were injured in motor vehicle crashes (MVC) occurring on public roads where the status of active restraint use was known. Data are by location of occurrence. The data come from the California Highway Patrol Statewide Integrates Traffic Records System.

††Federal Poverty Level for 2009 (\$10,830 for single person, \$3,740 for each additional person, \$22,050 for four-person-family).

†††Child Restraint Use percentage is defined as the percentage of children ages 0-5 who are properly restrained as motor vehicle occupants (MVO) in crashes occurring on public roads where the status of restraint use was known. Data are by location of occurrence. The data come from the California Highway Patrol Statewide Integrates Traffic Records System.

For more data and statistics, visit [www.SDHealthStatistics.com](http://www.SDHealthStatistics.com)

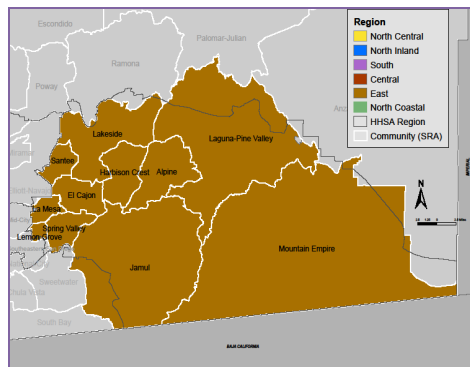


# San Diego County Health Briefs

## East Region



This brief contains 2009 maternal and child health data for the East Region of San Diego County. Data are provided from the Community Health Statistics Unit and the 2009 California Health Interview Survey.



Demographics <sup>1</sup>	East Region (%)	County (%)
Ages 0-14	19.61	19.92
Ages 15-24	14.92	15.67
Ages 25-44	26.52	28.57
Ages 45-64	26.68	24.28
Ages 65+	12.26	11.56
White	63.59	49.78
Black	5.40	5.22
Hispanic	21.77	30.21
Asian/Pacific Islander	4.14	10.65
Other	5.11	4.14
Households with income less than 200% Federal Poverty Level (FPL) <sup>††</sup>	27.20	28.44

Health Outcomes <sup>2</sup>	East Region		County	
	Number	Rate/(%)	Number	Rate/(%)
Live Births, % of County Births	6,420	14.3%	44,960	100.0%
Live Births to Girls, Ages 15-17, % of County births	128	2.0%	1,058	2.4%
Live Births with Early Prenatal Care, % of Known Prenatal Care	5,019	78.2%	36,831	82.0%
Live Births born Preterm, % of County births	730	11.5%	4,420	9.9%
Low Birth Weight Births, % of County births	420	6.5%	2,991	6.7%
Very Low Birth Weight Births, % of County births	73	1.1%	486	1.1%
Fetal Mortality Rate per 1,000 live births & fetal deaths	25	3.9	177	3.9
Infant Mortality, Rate per 1,000 live births	30	4.7	199	4.4
Child Restraint Use, % of MVO Injured <sup>†</sup> , Ages 0-5	27	71.1%	135	67.2%

Access and Utilization <sup>3</sup>	East Region (%)	County (%)
No Usual Source of Care (ages 18-64)	11.9	13.2
Uninsured All or Part of Year (ages 18-64)	20.8	23.2
Prescription Drug Coverage (ages 18-64)	95.6	94.5
Currently Receiving TANF or CalWORKS (all ages, 300% FPL)	4.8	3.3
Single Parents Currently Receiving TANF or CalWORKS (all ages)	*	10.9
Children Age 6 and Under Currently on WIC	61.9	42.8
Women with Children Under 7 or Are Pregnant on WIC	58.8	43.5
Residents Under 200% FPL Receiving Food Stamps	11.5	11.0
Children Under 18 Below 200% FPL	42.4	36.1

Health Behaviors <sup>3</sup>	East Region (%)	County (%)
Adults Under 200% FPL Unable to Afford Enough Food	34.3	35.1
Ate Fast Food 3 or More Times in Past Week (ages 2-17)	13.5	15.0
Children Who Eat Less Than 5 Servings of Fruits and Vegetables Daily (ages 2-11)	50.5	52.9
Mother Aged Under 25 when First Child Born	42.7	38.4

For more data and statistics, visit [www.SDHealthStatistics.com](http://www.SDHealthStatistics.com)



# San Diego County Health Briefs

## East Region



Health Behaviors <sup>3</sup>	East Region (%)	County (%)
Women with a High School Degree or Less Education (ages 25+)	38.8	31.3
Child Attends Preschool, Nursery school, or Head Start Program At Least 10 hrs/wk (ages <6)	19.7	21.5
Child Received Emotional/Psychological Counseling in Past Year (ages 4– 11)	*	4.5
More Than a Year Since Last Dental Visit (ages 2-11)	*	2.9
More Than a Year Since Last Dental Visit (ages 12-17)	*	7.5
Tested for STD in Past 12 Months (ages 12-17 who have had sexual intercourse)	*	36.5
Has had Flu Vaccination in Past 12 Months (ages 0-11)	59.5	55.6

### Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), 2010.
2. County of San Diego (CoSD), Health & Human Services Agency (HHSA), Public Health Services (PHS), Community Health Statistics Unit, 2011.
3. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2009.

\* Indicates statistically unstable estimate.

†Child Restraint Use percentage is defined as the percentage of children ages 0-5 who are properly restrained as motor vehicle occupants (MVO) in crashes occurring on public roads where the status of restraint use was known. Data are by location of occurrence. The data come from the California Highway Patrol Statewide Integrates Traffic Records System.

††Federal Poverty Level for 2009 (\$10,830 for single person, \$3,740 for each additional person, \$22,050 for four-person-family).

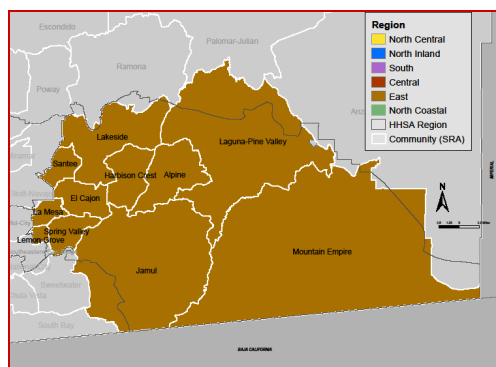


# San Diego County Health Briefs

## East Region



This brief contains 2009 behavioral health data for the East Region of San Diego County. Data are provided from the Community Health Statistics Unit and the 2009 California Health Interview Survey.



Demographics <sup>1</sup>	East Region (%)	County (%)
Ages 0-14	19.61	19.92
Ages 15-24	14.92	15.67
Ages 25-44	26.52	28.57
Ages 45-64	26.68	24.28
Ages 65+	12.26	11.56
White	63.59	49.78
Black	5.40	5.22
Hispanic	21.77	30.21
Asian/PI	4.14	10.65
Other	5.11	4.14
Households with income less than 200% FPL†	27.20	28.44

Mental Health Behaviors & Related Health Factors <sup>2</sup>	East Region (%)	County (%)
Likely Has Had Serious Psychological Distress During Past Year (ages 18+)	7.2	5.3
Likely Has Had Serious Psychological Distress During Past Month (ages 18+)	3.4	2.2
Likely Has Had Serious Psychological Distress During Past Month (ages 12-17)	*	2.2
Emotions Severely Impaired Social Life in Past 12 Months (ages 18+)	7.9	6.9
Emotions Severely Impaired Work in Past 12 Months (ages 18+)	*	4.6
Unable to Work 8 Days or More Due to Mental Problems (ages 18+)	50.8	56.5
Saw Any healthcare Provider for Emotional-Mental and/or Alcohol-Drug Issues in Past Year (ages 18+)	12.4	13.5
Has Taken Prescription Medicine for 2 or More Weeks for Emotional/Mental Health Issues in Past Year (ages 18+)	12.0	11.0
Received Psychological/Emotional Counseling in Past Year (ages 12-17)	*	10.5
Child Received Emotional/Psychological Counseling in Past Year (ages 4-11)	*	4.5
Ever Seriously Thought About Committing Suicide (ages 18+)	6.8	8.0

Substance Abuse Health Behaviors & Related Health Factors <sup>2</sup>	East Region (%)	County (%)
Binge Drinking in Past Year (ages 18+)	35.4	34.8
Ever Tried Marijuana, Cocaine, Sniffing Glue, or Other Drugs (ages 12-17)	*	10.2
Used Marijuana in Past Year (ages 12-17)	*	6.1

Access and Utilization <sup>2</sup>	East Region (%)	County (%)
No Usual Source of Care (ages 18-64)	11.9	13.2
Uninsured All or Part of Year (ages 18-64)	20.8	23.2
Prescription Drug Coverage (ages 18-64)	95.6	94.5

For more data and statistics, visit [www.SDHealthStatistics.com](http://www.SDHealthStatistics.com)



# San Diego County Health Briefs

## East Region



Other Health Behaviors <sup>2</sup>	East Region (%)	County (%)
Adults Under 200% FPL Unable to Afford Enough Food (ages 18+)	34.3	35.1
Ate Fast Food 3 or More Times in Past Week (ages 2-17)	13.5	15.0
Children Who Eat Less Than 5 Servings of Fruits and Vegetables Daily (ages 2-11)	50.5	52.9
Mother Aged Under 25 When First Child Born	42.7	38.4
Tested for STD in Past 12 Months (ages 12-17 who have had sexual intercourse)	*	36.5

### Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), 2010.
2. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2009.

\* Indicates statistically unstable estimate.

†Federal Poverty Level for 2009 (\$10,830 for single person, \$3,740 for each additional person, \$22,050 for a four-person-family)